



What are the key principles of charisma discussed in the book?

- Presence
- Power
- Warmth

How can I apply these principles in my personal and professional life?

- Relationships
- Leadership
- Communication

What are the common misconceptions about charisma?

- Natural talent
- Inborn trait
- Unchangeable

What are the practical exercises provided in the book to develop charisma?

- Power posing
- Visualization
- Mindfulness

How can I measure my progress in developing charisma?

- Feedback from others
- Self-assessment
- Observing impact on interactions