



Open-mindedness:

- How can we challenge our existing beliefs?
- What strategies can help us adopt a more open-minded approach?

Critical Thinking:

- What questions can we ask to uncover underlying assumptions?
- How can we apply the principle of "strong opinions, weakly held"?

Cognitive Flexibility:

- How can we develop the ability to consider multiple perspectives?
- How can we encourage divergent thinking and creativity?

Effective Communication:

- What strategies can help us engage in constructive disagreements?
- How can we encourage others to share their opinions openly?

Continuous Learning:

- How can we create a culture of intellectual humility?
- How can we seek out diverse sources of information and feedback?